Sunna-Weg (stage 3) | Bludenz-Außerbraz

EASY | REFRESHMENTS | PANORAMIC | CULTURAL / HISTORICAL



Tour description

Along the municipalities of Nüziders, Bludenz and Braz, a cultural-historical theme trail, the "Sunna Trail", has been inspiring visitors since summer 2019. The third stage leads from Rungelin in Bludenz to the TRAUBE BRAZ Alpen.Spa.Golf.Hotel in Außerbraz.

The tour starts in Rungelin or above Rungelin at Hellwald. From Hellwald the hiking trail leads via Gastastiegele - past the Klangraststätte - to Grubs. At Grubs cross the Grubser Tobel and continue along the hiking trail to the Allmakreuz. Here you can make a short detour to the Allmeintobel or take the footpath past the Winkel in the direction of Reckholder and from there take the road to the end point at the TRAUBE BRAZ Alpen.Spa.Golf.Hotel.

Possible access and descent
- at Grubser Tobel direction Radin

Directions

Rungelin, Bludenz - Hellwald - Gastastiegele - Grubs - Grubser Tobel - Brazer Allmein - Allmakreuz - Winkel - Reckholder - TRAUBE BRAZ Alpen.Spa.Golf.Hotel, Außerbra

Equipment

Ankle-high shoes with treaded soles, sun and rain protection, snack, filled water bottle and first aid kit. Mobile phone for emergencies.

Tips

At the Allmakreuz it is worth taking a detour to the impressive Allmein waterfall. Follow the Allmein circuit here. Additional walking time: approx. 30 minutes.

Public transport

Access: City bus line 503, stop Rungelin
Possible entry/exit: Bus line 720, stop Bings Radin
Exit: Bus line 720, stop Außerbraz Traube Braz

Timetable query online at www.vmobil.at

02:25 h duration	**6,40 km** Length
865 m Highest point	**603 m** Lowest point
320 m Ascent	**240 m** Descent

Start	Bushaltestelle - Rungelin
Finish	Bushaltestelle - Hotel Traube
Tour type	Thematic trail
Difficulty	Easy

Elevation profile



Condition	
Difficulty	
Result	
Landscape	

Best time of year

JAN	FEB	MAR	APR	MAY	JUN
○	○	○	○	✓	✓
JUL	**AUG**	**SEP**	**OCT**	**NOV**	**DEC**
✓	✓	✓	✓	○	○

Alpenstadt Bludenz Tourismus
www.bludenz.travel
Mühlgasse 5
A-6700 Bludenz
+43 5552 63621 790
tourismus@bludenz.at

Parking

Various parking spaces in Bludenz or parking at the TRAUBE BRAZ Alpen.Spa.Golf.Hotel, Außerbraz

Safety instructions

EMERGENCY CALL
140 Alpine emergencies Austria-wide
144 Alpine emergencies Vorarlberg
112 Euro-emergency call (works with any mobile phone/network)
www.alpenregion-vorarlberg.com/sicherheitstipps-wandern

Safety in the mountains

EN NOTRUF:

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information