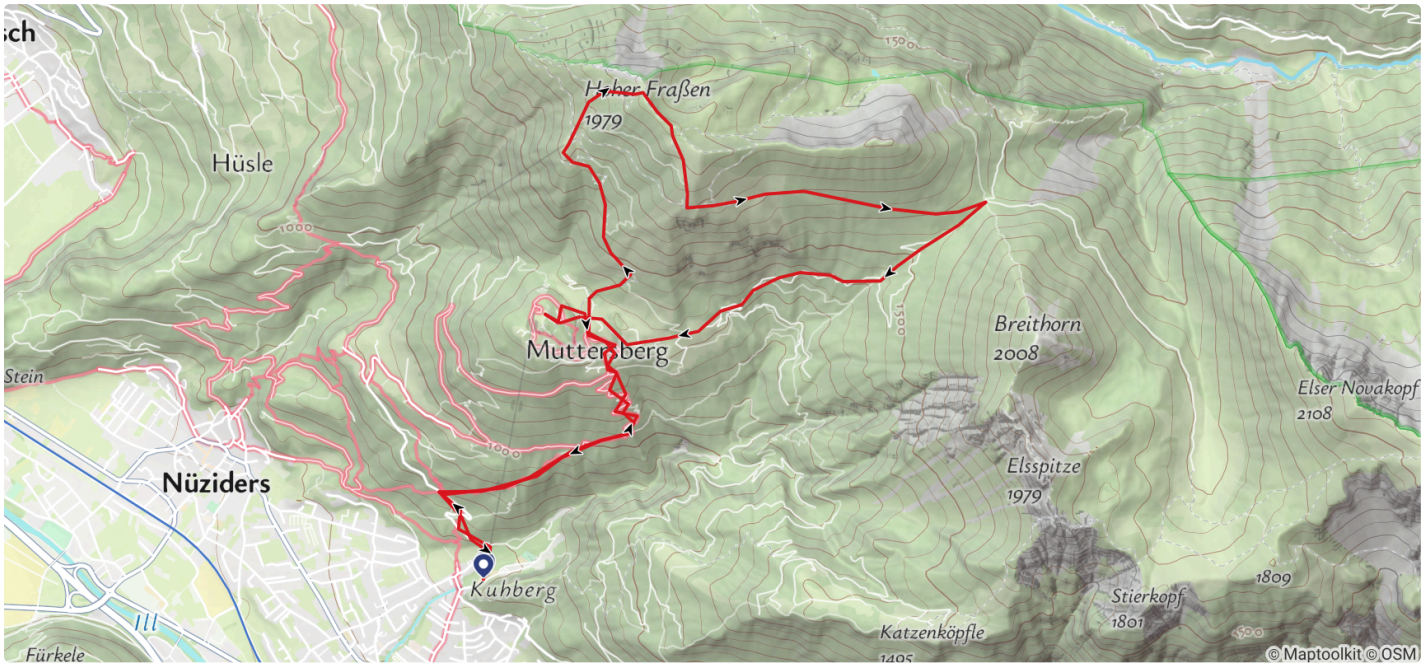
2-Day Hike to the Frassenhütte | Bludenz

MODERATE | REFRESHMENTS | PANORAMIC | MULTI-DAY | STAGE TOUR | ROUND TRIP



Tour description

A varied 2-day mountain hike from the Muttersberg Cable Car to the Frassenhütte, including an overnight stay and an ascent to the summit of the Hoher Frassen

Stage 1
You start your hike at the**Muttersberg**cable car's valley station**and**follow the trail toward the mountain station. Alternatively, you can take the cable car up to 1,401 m. From there, a well-marked trail leads through sparse mountain forest to the cozy**Frassenhütte at**approximately 1,725 m. Enjoy the first panoramic views of the Rätikon and the Walgau along the way, as well as the tranquility of the alpine landscape.

Stage 2
On the second day, the route leads from the**Frassenhütte up**a trail to the summit of**the Hoher Frassen**. At the top, a magnificent 360° panoramic view of Vorarlberg, the Silvretta, Rätikon, and the Swiss Alps awaits you—a true highlight for mountain lovers. From the summit, follow the marked trail over the**Tiefenseesattel**. The descent continues along forest and hiking trails to**the Muttersberg cable car**. Depending on your energy and time, you can end the tour at the mountain station and take the cable car back, or continue descending to the valley station. There is also a direct descent from the Tiefenseesattel back down to the valley.

Duration
Day 1: approx. 3–4 hours ascent to the Frassenhütte (without the cable car)
Day 2: approx. 3–4 hours descent to the Muttersbergbahn valley station
Shortcuts are possible using the cable car.
Note: The times listed are approximate. Depending on weather or other factors, the walking time may be shorter or longer.

Accommodation
Frassenhütte

Refreshments
Alpengasthof Muttersberg
Frassenhütte

Directions

Stage 1: Muttersberg Cable Car (Valley Station) – Muttersberg Cable Car (Mountain Station) – Frassenhütte
Stage 2: Frassenhütte – Hoher Frassen – Tiefenseesattel – Muttersberg Cable Car (Valley Station)

06:15 h duration	14,3 km Length
1797 m Highest point	668 m Lowest point
1110 m Ascent	1120 m Descent

Start	Muttersberg Cable Car
Finish	Muttersberg Cable Car
Tour type	Mountain Hike
Difficulty	Moderate

Elevation profile



Condition	
Technique	
Difficulty	
Result	
Landscape	

Best time of year

JAN	FEB	MAR	APR	MAY	JUN
○	○	○	○	○	✓
JUL	**AUG**	**SEP**	**OCT**	**NOV**	**DEC**
✓	✓	✓	○	○	○

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Equipment

Sturdy footwear, warm clothing, rain and sun protection, a snack, a filled water bottle, and hiking poles are recommended. Additionally, bring gear for an overnight stay in a mountain hut. A cell phone for emergencies.

Public transportation

Landbus Linie 501, Haltestelle Bludenz Oberdaneu/Seilbahn Muttersberg
Fahrplanabfrage online unter www.vmobil.at

the park

Muttersberg Cable Car Parking Lot

More information and links

Lodge reservation:

Frassenhütte

Safety in the mountains

EN NOTRUF:

EN 140 - Alpine Notfälle österreichweit

EN 144 - Alpine Notfälle Vorarlberg

EN 112 - Euro-Notruf (funktioniert mit jedem Handy/Netz)

further information