

03.  
Dec 2025

# Yoga in the Propstei St. Gerold

🕒 Wednesday 10:00 o'clock

Experience a gentle Hatha yoga session.

## Suitable for

The unit is suitable for everyone - even without prior knowledge.

## Bring along

Please bring comfortable clothing.

## Registration

Please register by 9:00 AM at the gate: +43 5550 2121 or [propstei@propstei-stgerold.at](mailto:propstei@propstei-stgerold.at)

## Links

➤ [Homepage](#)



## Venue

### Propstei St. Gerold

Pater-Nathanael-Weg 29

6722 St. Gerold

+43 5550 21 21

[propstei@propstei-stgerold.at](mailto:propstei@propstei-stgerold.at)

<http://www.propstei-stgerold.at> ↗



## Organizer

### Propstei St. Gerold

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further dates

| date       | time          |
|------------|---------------|
| 03.12.2025 | 10:00 o'clock |
| 10.12.2025 | 10:00 o'clock |
| 17.12.2025 | 10:00 o'clock |
| 24.12.2025 | 10:00 o'clock |
| 31.12.2025 | 10:00 o'clock |
| 07.01.2026 | 10:00 o'clock |
| 14.01.2026 | 10:00 o'clock |
| 21.01.2026 | 10:00 o'clock |
| 28.01.2026 | 10:00 o'clock |
| 04.02.2026 | 10:00 o'clock |